



Tell-Show-Do Approach: Building Familiarity

The "Tell-Show-Do" approach is fundamental to behavior management in pediatric dentistry. This technique helps ease children into procedures by familiarizing them with each step beforehand. The dentist begins by explaining the procedure in simple, child-friendly language, making it easy to understand. Next, the dentist demonstrates the process using non-threatening instruments. Finally, the child undergoes the treatment, now more comfortable and engaged, knowing what to expect.

Your Saraswati team is here to help!

We are proud to be well-known paediatric dental experts in Saraswati Dental college and Hospital. We are here to help you and your child adjust to their new world of dentist visits in any way that we can. If you think it would be helpful to introduce your child to our team before their appointment, please let us know and we are happy to make that happen.

It's important to us that we cultivate an environment that makes children feel comfortable, calm and safe. We use a "tell, show, do" philosophy to earn your child's trust!

We "tell" by explaining the process in child-friendly words. We "show" by demonstrating what we'll be doing. Then, we "do" the treatment. We find that this philosophy makes children feel most comfortable!

We also provide sedation dentistry for longer procedures, and treatment for very young children and children with medical challenges.

You and your child are in great hands with our trusted team. Please don't hesitate to reach out to us with any questions, and if you're ready to schedule your child's visit, let's get started!