



TONGUE-TIE

Tongue-tie (medical term: **ankyloglossia**) is a condition where the small piece of tissue under the tongue, called the **frenulum**, is too tight, thick, or short. This limits the tongue's ability to move freely.

Common signs of tongue-tie:

- In **babies**: Difficulty breastfeeding, as the baby might have trouble in feeding effectively.
- In **children**: Issues with speech, such as trouble pronouncing certain sounds.
- In **adults**: Difficulty in speech, sticking the tongue out fully.

Treatment:

If tongue-tie causes problems, a simple procedure called a **frenectomy** is done.

A **frenectomy** is a minor surgical procedure to remove or modify a small fold of tissue in the mouth called the **frenulum**. This tissue connects certain parts of the mouth, such as:

- **Under the tongue** (lingual frenulum): If it's too tight or short (a condition called *tongue-tie*), it can affect speech or the ability to move the tongue properly.
- **Inside the upper lip** (labial frenulum): If it's too thick or tight, it may cause a gap between the front teeth or affect the way the lip moves.

The procedure is very simple and usually quick.

If you think your child might need this procedure, feel free to reach out to us for advice.



Your Saraswati Dental College team is

here to help !

We are proud of to be well-known paediatric dental experts in **Saraswati Dental College and Hospital**. We are here to help you and your child adjust to their new world of dental visits in any way that we can. You and your child are in great hands with our trusted team. Please don't hesitate to reach out to us with any questions. We would like to help you for betterment of your future.