

Sleep Apnea National Symposium – Bridging Specialities

The Department of Orthodontics & Dentofacial Orthopedics successfully organized the **Sleep Apnea National Symposium – Bridging Specialities** on **2nd–3rd May 2025** at Saraswati Dental College & Hospital, Lucknow.

This national-level academic event, conducted under the aegis of the Indian Orthodontic Society, focused on integrating orthodontics with sleep medicine, highlighting the growing role of orthodontists in the diagnosis and management of sleep-disordered breathing.

Key Highlights

- Emphasis on **interdisciplinary collaboration** between orthodontists, pulmonologists, prosthodontists, and maxillofacial surgeons
- Scientific sessions on **sleep physiology, craniofacial growth, and obstructive sleep apnea (OSA)**
- Discussions on **diagnostic protocols and screening methods** for sleep disorders
- Insight into **orthodontic, prosthodontic, and surgical management of OSA**
- **E-poster presentations**, panel discussions, and hands-on workshop sessions

Scientific Program

The two-day symposium included:

- Expert lectures by eminent national speakers
- Case-based discussions on orthodontic relevance in sleep medicine
- Multidisciplinary treatment planning approaches
- Workshop and panel discussions to enhance clinical skills